



St Joseph's Church (Bukit Timah)

Weekly Parish Bulletin • 01 March 2026 • 2nd Sunday of Lent (Year A)

 620 Upper Bukit Timah Road
Singapore 678116

 Gate Opening Hours:
8.00am to 9.00pm

 stjoseph-bt.org.sg/

 facebook.com/sjcbt/

PARISH PRIEST

Rev Fr Christopher Lee
Tel: 6760 0052

ASST PARISH PRIEST

Rev Msgr Peter Zhang
peter.zhang@catholic.org.sg

ASST PARISH PRIEST

Rev Fr Lourdasamy Prasanna
lourdusamy.prasanna@catholic.org.sg

SECRETARIAT

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sjcbt.secretariat@catholic.org.sg

ADMINISTRATION

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MASS SCHEDULE

WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm
Sat : 6.30am

WEEKEND MASSES

Sat : 5.30pm (Sunset)
Sun : 7.30am (Mandarin),
9.30am, 11.30am and 5.30pm

CONFESSIONS

15 mins before all weekend Masses in
the Reconciliation Rooms in Church.

OTHER SERVICES

ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm
Sat : 9.30am to 7.00pm
Sun : 8.00am to 7.00pm
Public Holidays : 8.00am to 4.00pm

COLUMBARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm
Sun : 8.30am to 1.00pm
Every 2nd Sunday : 8.30am to 1.00pm,
5.30pm to 7.00pm

DEVOTIONS

Holy Hour : First Friday @ 8.00pm
in Main Church (unless otherwise stated)

Mass in Honour of St Joseph :

First Wednesday @ 8.00pm
in Main Church

Divine Mercy :

Every Friday @ 8.00pm (except First Fri)
in the Chapel of St Joseph

Garden Rosary :

First Saturday after the 5.30pm Mass

Grotto Rosary : Every 13th of the month
after 6.30pm Mass (weekdays only)

Holy Hour for Vocations :

Every Third Thursday of the month in
the Chapel of St Joseph @ 8.00pm

Blessing of Expectant Mothers:

Every Fourth Sunday of the month

From the Desk of the Parish Priest



The three traditional pillars of Lent are prayer, fasting and almsgiving. Through the three pillars of Lent we journey to develop a closer relationship to God.

Leading up to and throughout Lent, keep in mind that above all, this season is a time for deepening your relationship with the Lord.

The Three Pillars of Lent :

1. Prayer

Prayer is the foundation of Lent, allowing us to deepen our relationship with God and focus on spiritual growth. Prayer brings us closer to God.

We can engage in daily prayer and meditation, reading scripture and spiritual texts.

2. Fasting

Fasting involves giving up certain comforts or luxuries to focus on spiritual growth and self-denial. Fasting strengthens our will and dependence on God

We can give up meat or certain foods, abstain from luxuries or comforts (e.g., social media, TV) or engage in acts of charity and service

3. Almsgiving

Almsgiving involves giving to those in need, demonstrating our commitment to charity and social justice. Almsgiving opens our hearts to the needs of others.

We can donate to charitable causes, volunteer our time and skills to help others, or engage in acts of kindness and generosity

By embracing these three pillars, we can deepen our spiritual lives, grow in faith, and prepare for the celebration of Easter.

The three pillars of Lent—prayer, fasting and almsgiving—serve as guideposts on this 40-day journey. As we enter the second week of Lent, have we taken stock of our spiritual growth, and considered how we can continue to deepen our relationship with God?

North District Lenten Penitential Services

North District Parishes
2026 Lenten Penitential Services

Day & Date	Parish	Time
Mon 16 Mar	St Joseph's Church (BT)	8 pm
Tue 17 Mar	Holy Spirit	10.30 am & 8 pm
Wed 18 Mar	Christ the King	10.30 am & 8 pm
Thu 19 Mar	Our Lady Star of the Sea	8 pm
Mon 23 Mar	Risen Christ	10.30 am & 8 pm
Tue 24 Mar	St Anthony	8 pm

Holy Week Mass Timings



PALM SUNDAY
(圣枝主日)

28 MARCH
5.30PM
(Sunset Mass)

29 MARCH
7.30AM (华语弥撒)
9.30AM
11.30AM
5.30PM



MAUNDY THURSDAY
(圣周四)

02 APRIL
6.30PM
8.00PM

Adoration of the Blessed Sacrament after 8.00PM Mass, till Midnight
(No 6.30AM Mass)



GOOD FRIDAY
(圣周五)

03 APRIL
9.00AM (华语礼仪)
11.00AM (Service)
1.00PM (Service)
3.00PM
(Stations and Service)



EASTER VIGIL
(圣周六)

04 APRIL
7.30PM
(with Baptism)
(No 6.30AM Mass)



EASTER SUNDAY
(复活主日)

05 APRIL
7.30AM (华语弥撒)
9.30AM
11.30AM
5.30PM
2.00PM
(华语弥撒+领洗)

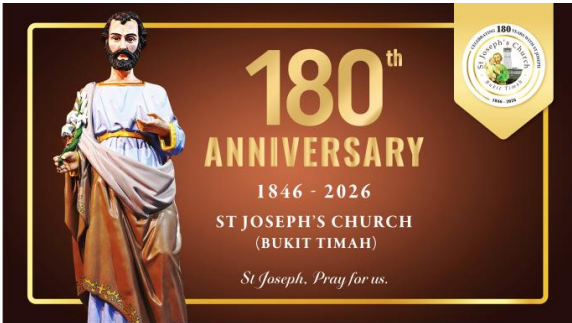
St Joseph's Church (Bukit Timah)

Parishioners can collect a copy of the Holy Week Mass Timing cards at the entrances of the Church.

180th Anniversary Dinner Bookings

180th Anniversary Dinner

Sunday 10 May @ 7 pm
Orchid Country Club



Dear Parishioners

Bookings are now open for our 180th Anniversary Dinner.

Closing date : **Wed 18 March.**

Please indicate if you require transportation to the venue and back.

Payment will only be made upon confirmation of your tickets.

Please click on the link below or scan the QR code to reserve your seats.



Registration link : <https://forms.gle/zGxzReGjcXJJGWv97>

Plenary Indulgence (launching on Thu 19 Mar @ 7 pm Mass in Main Church)

The Plenary Indulgence will be launched on the Solemnity of St Joseph, Spouse of the Blessed Virgin Mary which falls on Thu 19 Mar 2026. The evening Mass will be held at 7 pm in the Main Church.

Parishioners are invited to attend the Mass and then learn more about what a plenary indulgence is.



PLENARY INDULGENCE

On the occasion of the 180th Anniversary of St Joseph's Church (Bukit Timah), our Holy Father, Pope Leo XIV, has granted a plenary indulgence valid until the end of the year. The faithful are invited to come and pray before the statue of St Joseph and follow the prescribed conditions indicated below.

Prescribed General Conditions for receiving Plenary Indulgence

The faithful are asked to

- have complete detachment from sin;
- receive the Sacrament of Reconciliation;
- receive the Holy Eucharist; and
- pray for the intentions of the Holy Father

and to perform one of these aspects after visiting the statue of St Joseph

1. attend Mass;
2. perform one Corporal Work of Mercy; or
3. perform one Spiritual Work of Mercy



Charities Week (28 Feb – 10 May)



Caritas SINGAPORE
God's Love in Action

**MERCY CANNOT WAIT.
YOUR DONATION CHANGES LIVES.**

*One donation, 25
charitable organisations*

*Support families,
children, seniors, & more*



bit.ly/cw26give



Mercy Cannot Wait. Your donation changes lives. This is a call to all of us to respond to Charities Week, our Archdiocesan annual fundraiser where your donation goes directly to support our brothers and sisters who are the poor, elderly, persons with disabilities, migrants and itinerant, youth-at-risk, and many more.

Inspired by Dilexi te where our Pope Leo XIV reminds us that God’s love calls us to respond without delay, we too, need to stand up and be counted through timely acts of compassion and generosity.

Your almsgiving makes a difference – it enables essential programmes and services to reach those who need help most. Four ways to donate: Drop the Charities Week envelope at our parish, mail it to Caritas Singapore, scan this QR code or visit bit.ly/cw26bulletin.

Charities Week envelopes can be obtained from the entrances of the Church. You can deposit the envelopes in the donation box in the Cry Room.

SSVP Tuition

SSVP Tuition Programme – Volunteer Tutors Needed

- The Society of St Vincent de Paul tuition programme is looking for volunteers to tutor primary and secondary school students in English, Math or Science on Saturday mornings 9am-12nn at St Joseph’s Church Community hall building.
- Please scan the QR code to indicate interest or to find out more.



How to Lent (Commencing Sun 01 Mar)



Starting 1 March!

FAITH & BIBLE REFLECTIONS 

HOW TO LENT?

(for Youth from teens to tertiary!)

Sundays 2.30-4.00pm, St Mary AVA Room

Understand and practice the pillars of Lent:

- prayer
- fasting
- almsgiving

Heed the call of St. John the Baptist by preparing for the Lord, using **How to Lent** to transform your spiritual life this Lenten season.

Register here! 

Calling all youth from teens to tertiary! Transform your spiritual life this Lenten season by learning 'How to Lent' every Sunday starting 1 March at the St Mary AVA Room. Register at <https://tinyurl.com/HowtoLent2026>

Tuesday Morning Manna (Tue 03 Mar)



TUESDAY MORNING MANNA presents



SYMBOLON

THE CATHOLIC FAITH EXPLAINED

Learn more about our faith and how to live it!

Part 2: Living the Faith

- Tuesdays 11.05am - 12.30pm, St Joseph AVA Rm
- Feb 10, 24, Mar 3, 10, 17, 24, Apr 14, 21, 28, May 5



Join us for Part 2 of Symbolon: The Catholic Faith Explained. Symbolon is a systematic 10-session video series on the Catholic Faith that will lead you through the "big picture" of Catholicism with the Creed as the guide. All are welcome!

Journey through Lent (3 & 4 Mar)



FAITH & BIBLE
REFLECTIONS

Journey through Lent

Every Tues 8pm* or Wed 9am
Prayer • Scripture • Reflection • Sharing



24/25 Feb, 3/4 Mar, 10/11 Mar,
17/18 Mar, 24/25 Mar

Online & In-person, scan QR for more info
*Tues In-person is at 7.30pm



Come and draw closer to God through the programmes organised by the Faith & Bible Reflections Community. Join their whatsapp community for more information: <https://tinyurl.com/sjcbtfab>

Scripture Series (Thu 05 Mar)

Scripture Series : Part XII – St Paul’s Letters to the Colossians & Ephesians By Fr Ambrose Vaz



*Ignorance of Scriptures is ignorance of Christ.
(Catechism of the Catholic Church, 133)*

Time : 9 am to 10.45 am
Venue : St Joseph AVA Room
St Joseph’s Church (BT)
Dates : Feb 19 / 26
Mar : 5 / 12 / 19 / 26
(6 sessions)



No registration required. All are welcome.
Do bring along your bibles.

Divine Mercy Way of the Cross (Thu 05 Mar)

Divine Mercy
Way of the Cross

Every Thursday @ 8 PM
26 Feb
5,12,19,26 Mar and 02 Apr
Chapel of St Joseph

For more information,
contact Michael @ 9270 1712.

All are Welcome



During Lent, the Divine Mercy prayers will be held on Thurs at 8 pm in the Chapel of St Joseph.

Fridays in Lent (Fri 06 Mar)



Date	
Friday 20 Feb	Friday after Ash Wed
Friday 27 Feb	First Friday in Lent
Friday 06 Mar	Second Friday in Lent
Friday 13 Mar	Third Friday in Lent
Friday 20 Mar	Fourth Friday in Lent
Friday 27 Mar	Fifth Friday in Lent

Fridays in Lent

Stations of the Cross : 7.30 pm
Mass : 8.00 pm
Main Church

There will be no 6.30 pm Mass in the Chapel of St Joseph on these Fridays.

SHE : The Virtues of Mary (Sat 07 Mar @ 10 am)



A Catholic program for
all women who want to
be truly known and
loved on their journey
with the Lord.



Saturdays
10.00am - 11.30am
#02-03 Parish
Community Hall

Feb 28; Mar 7, 14, 21,
28; April 11, 18, 25;
May 9 2026



SEASON TWO
TEN VIRTUES of MARY

Register
here!



The Blessed Mother is our perfect example of what it is to be a woman in love with the Lord. Saint Louis de Montfort defined ten virtues that Mary exhibited throughout her life. These virtues are challenging, but they are not impossible. This season will shed light on each of these virtues while offering a roadmap to holiness. Each session provides a practical framework so you can deepen your prayer life, improve your relationships, and enrich your family life.

'She Shall be called Woman' (SHE) Women's Fellowship is back with season 2: the 10 Virtues of Mary! Scripture doesn't say much about Mary, but the little that's revealed speaks volumes. Here are Marian virtues to imitate to bring you to the fullness of your womanhood. All women 18+ years are welcome! Please register at: <https://tinyurl.com/SJCBSHE2>

Young Adult Community Fellowship Gathering (Sat 07 Mar @ 6.45 pm)

SJCBT Young Adult Community

Come Join Our Fellowship Gathering!



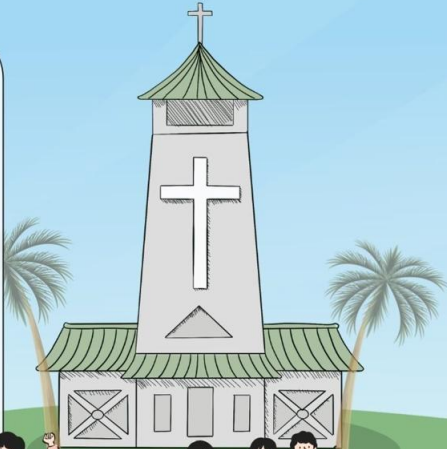
7th March 2026
6:45 pm to 9:00 pm



Community Hall Building
02-01

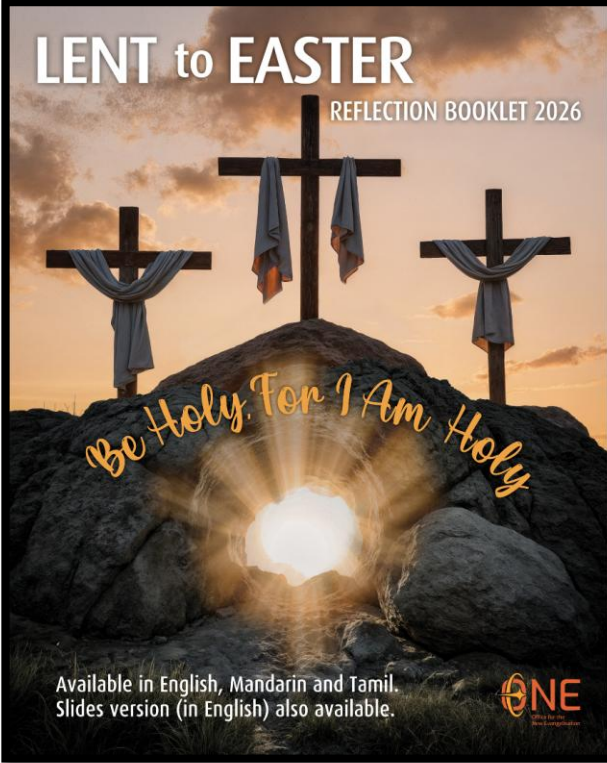


Join our Whatsapp community



Calling all young adults! Join us for our next fellowship on March 7! All Young Adults in their 20s and 30s are welcome! Join our Whatsapp Community for more information: <https://tinyurl.com/STJOBTYA>

Lent to Easter Reflection Booklets



Let us prepare our hearts for Jesus' Passion and Resurrection with Scripture reflections, questions for sharing and activities to grow in faith.

Download Now



one.org.sg

You can pick up a hardcopy at the main entrance of the Church, while stocks last.

No Cross, What A Cross! (6 – 8 Mar)



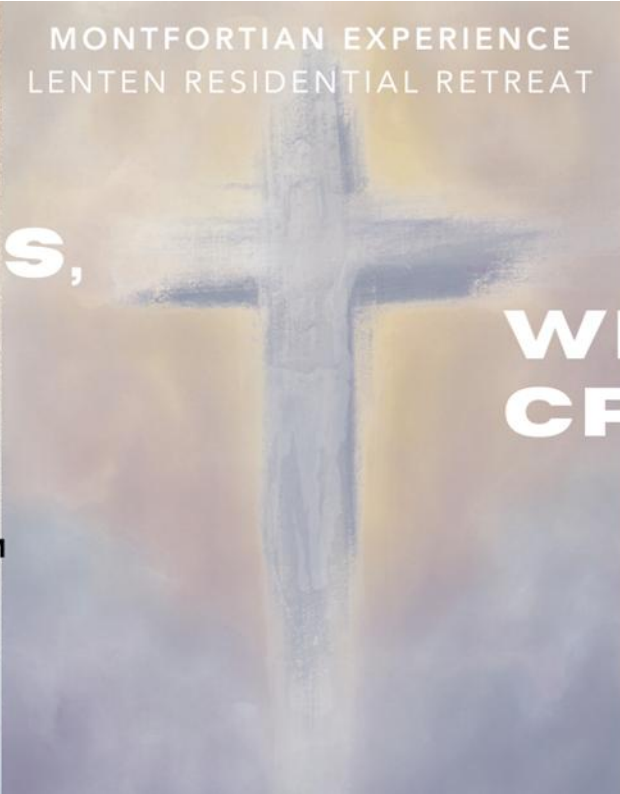
MONTFORT CENTRE

NO CROSS,

6 – 8 MARCH 2026
FRIDAY, 7PM – SUNDAY, 1PM

MONTFORT CENTRE
624 Upper Bukit Timah Road,
Singapore 678212
(Enter via Assumption Pathway
School, 30 Cashew Road)

MONTFORTIAN EXPERIENCE
LENTEN RESIDENTIAL RETREAT



WHAT A CROSS!



montfortcentre.org/events-1/
no-cross-what-a-cross

This Lenten retreat invites you to rediscover the Cross through the words of St. Paul and the spiritual insight of St. Louis Marie de Montfort, who teaches that God has enclosed in the Cross an abundance of grace, life, and even joy, known only to those who befriend Him. What the world calls foolishness, God transforms into salvation, reminding us that perhaps the greatest cross of all is not having one.

Mirror & Map (14 & 21 Mar)



A Cenacle programme

Mirror & Map

The Family as a Guide to
Knowing Ourselves

Taking advantage of this holiday season, we focus on various interpersonal dynamics within the family using systemic perspective that can give us insight to our personal growth.

Participants must be ready to commit 2 full days in order to benefit fully from the workshop and reflections throughout the week.



14 & 21 March Saturdays
9am to 430pm @kingsmead center



A 2-Saturday retreat; we focus on various interpersonal dynamics within the family that can give insights to our personal growth. We learn to see the gifts in our families and also discern the higher values which Jesus affirms and challenges us towards interior freedom and fullness of Life. Let us pray and journey together.

Journey with Purpose (Wed 16 Mar)

Journey With Purpose

7.30PM, Enabling Village
18.03.2026





The Path from the Camino to Migrants

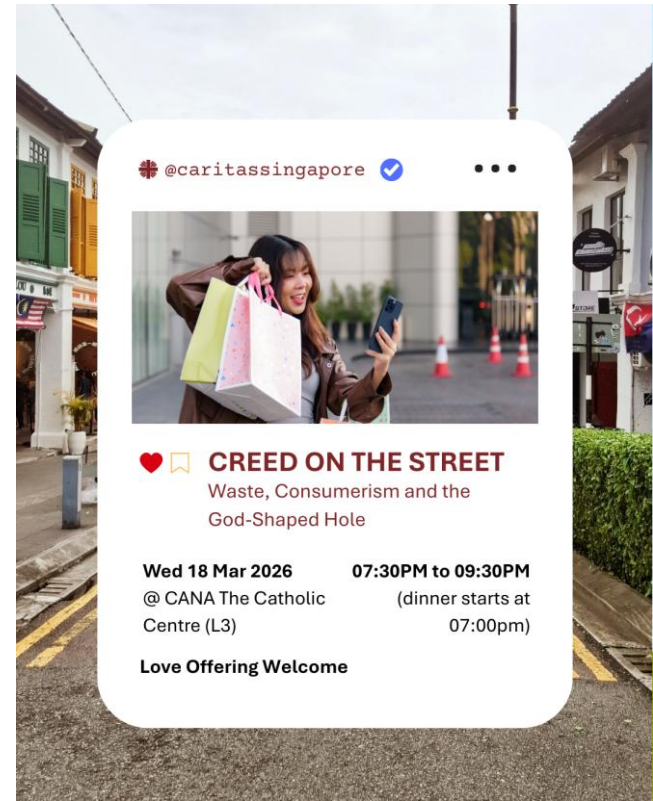
Join Alexander Ee, author of the bestseller **A GLIMPSE OF HEAVEN**, and Executive Director of ACMI, as he unpacks how the Camino parallels the migrant's experience. Come listen, be inspired to walk the Camino, and learn how you can help serve the migrants among us.




Register today

AROUND THE ARCHDIOCESE

Creed on the Street (Wed 18 Mar)



With the Lunar New Year around the corner and the wildly popular trend of blind boxes, we are producing mountains of waste that cannot be reused or recycled. What is the impact on our environment? What is this doing to our soul?

Join the Caritas Young Adults and Dr Maxine Mowe, a biological scientist, for the latest iteration of Creed on the Street as we discuss this multi-faceted issue and what the Church might have to say. Pizza and ice-cream will be provided for dinner!

Sign up now at bit.ly/streetcreed
For enquiries, please email Caritas Singapore at formation.cst@caritas-singapore.org



SHINE Retreat (21 – 25 Mar)



Calling all Polytechnic, ITE and Private diploma students between 16-25 y/o! SHINE is a Catholic encounter retreat for all who are currently studying or waiting to be enrolled in any local Polytechnic, ITE, or private diploma institutions!
Jesus invites you to come and walk with Him as you enter into a new academic year!

Mission to Fang, Chiang Mai (19 – 23 Mar)



19 - 23 MAR 26

Bringing Hope & Healing

“DON'T LET YOUR LIFE BE STERILE. BE USEFUL.
BLAZE A TRAIL. SHINE FORTH WITH THE LIGHT
OF YOUR FAITH AND OF YOUR LOVE.”

— ST. JOSEMARÍA ESCRIVÁ

ST JOSEPH LEADS THE WAY

This March we invite you to join us on a mission of compassion—a journey not to where it is comfortable, but to where it is needed. We will travel to the forgotten villages of Fang District in northern Chiang Mai, where ethnic minorities like the Karen, Hmong, and Lahu peoples have waited generations for the help that never came.

*Secure Your Spot and
Be The Answer To Someone's
Prayer!*

How You Can Help

- ✓ Be a part of the mission and experience the joy of serving Christ.
- ✓ Donate preloved or surplus items.
- ✓ If you cannot join, consider sponsoring someone willing to serve but unable to afford the expenses.
- ✓ Offer your spiritual support and pray for the community, the mission and us.

PLEASE SHARE

+65 92347889

<https://www.gebirah.org/fang-thailand>
gebirah@charis-singapore.org

Walking with the Broken-hearted (Sat 28 Mar)

API CARE & COUNSELLING

Walking with the Broken-hearted:

An Integrative Christian Perspective on Grief and Depression

“Out of the Depths I Cry to You, O Lord...”
Psalms 130:1



SCHEDULE

-  **Sat 28 March, 2026**
-  **9:30 am - 4:30 pm**
-  **20 Aljunied Rd, S389805**
-  **\$100 per pax (without lunch)**

LEARNING OBJECTIVES

- Appreciate grief & depression using psychological & theological lenses
- Normalise grief and lament within the Christian faith
- Discern when grief becomes depression
- Integrate practical Christian spiritual resources for recovery
- Understand suicide risk and establish a framework for assessing and managing risk
- Engage in participative learning through case studies

SYNOPSIS

Grief and depression are common human experiences, yet many Christians struggle to understand them without guilt or confusion. This public workshop offers an integrative Christian perspective that brings together psychological insight, theological wisdom, and pastoral sensitivity.

Participants will learn to appreciate grief and clinical depression through both psychological and Christian lenses, normalising grief and lament as alternative responses to loss. The workshop will help attendees discern when grief remains a healthy process and when it may develop into clinical depression, requiring additional care. It will also introduce Christian spiritual resources for recovery that support believers who are suffering, as well as practical steps for assessing and managing suicide risk systematically and responsibly.



[For more details and registration click here](#)

Landings (Beginning March 2026)



Landings
Singapore

REDISCOVER THE FAITH
THAT NEVER LEFT YOU

JOIN US FOR A JOURNEY BACK TO THE
HEART OF THE CHURCH, WHERE
LOVE, HEALING AND HOPE AWAIT.

A new 10-week program designed
for Catholics who have been away
from the Church, offering a
welcoming space to reconnect
with God, rediscover the faith, and
experience healing and renewal.



SCAN HERE TO
REGISTER!!

New Landings Singapore runs weekly on

- 17th Mar 2026, 8pm on Tuesdays
(Church of Our Lady of Perpetual Succour)
- 19th Mar 2026, 8:00pm on Thursdays
(Church of St Ignatius)

Feeling distant from your faith?

Landings is a gentle 10-week journey for Catholics who have been away from the Church and are considering a return. It is a safe, non-judgmental space to reflect and explore—without pressure or expectations.

Begins March 2026
17 Mar (OLPS) |
19 Mar (St Ignatius)

Scan the QR code or visit
landings.org.sg to learn more.

Marriage Encounter Weekend



MARRIAGE
ENCOUNTER
WEEKEND
2026

 *Go on a Date!*

English
6-8 Mar ♥ 17-19 Apr ♥ 5-7 Jun ♥ 3-5 Jul
28-30 Aug ♥ 2-4 Oct ♥ 6-8 Nov ♥ 4-6 Dec

Mandarin
27-29 Mar ♥ 19-21 Jun ♥ 18-20 Sep

Bahasa Indonesia
27 Feb-1 Mar ♥ 30 May-1 Jun ♥ 16-18 Oct

STAY-IN WEEKEND BEGINS FRI 8PM &
ENDS ON SUN EVENING WITH MASS

Find out more at www.mesg.org



marriage
encounter
Singapore

WORLDWIDE MARRIAGE ENCOUNTER SINGAPORE (WMESSG) IS
AN AFFILIATE OF CATHOLIC FAMILY LIFE

Easter Mission of Mercy (1 – 15 Apr)

Easter Mission of Mercy to HCM City, Vietnam



**Pilgrimage to Our
Lady of Ta Pao**

Be A Pilgrim of Hope 11-15 April 2026

During this Easter season, the Church invites us not only to rejoice in the Resurrection—but to become witnesses of mercy. We invite you to join us on this life-changing mission —a journey of love, mercy, and transformation, where we will bring hope, love, and tangible support to the vulnerable and the abandoned.

Who We Will Serve

**Pho Cap School for
the Poor and with
autism**

**Thien Phuoc Home
for orphans with
disabilities**

Son Ky Orphanage



Please Share With Your Friends
+65-92347889



gebirah@charis-singapore.org



www.gebirah.org/hcmc



CATHOLIC LAWYERS GUILD

- ARE YOU FACING LEGAL ISSUES OR DISPUTES AND FEELING LOST?
- DO YOU REQUIRE SOME HELP TO UNDERSTAND YOUR SITUATION AND LEGAL OPTIONS?
- HOWEVER, YOU CANNOT AFFORD A LAWYER OR DO NOT QUALIFY FOR OTHER PRO BONO SERVICES.

PRO BONO LEGAL CLINIC

NAVIGATING LEGALITY,
SECURING JUSTICE



SCAN QR CODE
TO REGISTER



Contact details

- +65 6801 7494
- www.clgsingapore.com
- probono@clgsingapore.com

1. Online registration is required before an appointment will be given to you (*CLG reserves the right to accept/reject any application at its sole discretion)
2. In order for our lawyers to assist you better, you will be asked to provide some basic information / background of your legal matter.
3. If you have any queries on the CLG Pro Bono Legal Clinics, see contact details above



Build a Strong Foundation for a Lifetime of Love

Getting married in the Catholic Church?

Marriage Preparation Course (MPC) offers **six focused, half-day weekend sessions** to help you and your partner grow closer and prepare for a strong, faith-filled marriage.

✨ **What to expect:**

Practical tools for married life

Deeper communication and connection

Faith-based guidance rooted in Catholic values

 **Plan ahead – attend well before your wedding day!**

 Register or learn more: www.mpcsingapore.com

MPC 2026

Q1: 11 Jan - 01 Mar

Q2: 12 Apr - 17 May

Q3: 05 Jul - 16 Aug

Q4: 20 Sep - 25 Oct



Strengthen your bond. Grow in love. Start with Marriage Preparation Course.